



25. Fürstenwalder Cross-Duathlon



Rauen - 19.03.2016

Übersicht der Auswertung - LM-Brb. U23, Elite, Senioren - 6-18-3 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
79				Müller, Philipp-Johannes	BB / TSV Cottbus	1986mAK3 (1)	00:21:02 ()	00:43:52 ()	01:04:55 ()	00:10:00 ()	01:14:55	00:00:00
75				Mittelstädt, Martin	BB / SV Neptun 08 Finsterwalde	1986mAK3 (2)	00:21:07 ()	00:46:03 ()	01:07:11 ()	00:11:09 ()	01:18:20	00:00:00
78				Hümbert, Martin	BB / Zeppelin-Team OSC Potsdam	1982mAK3 (3)	00:23:28 ()	00:44:49 ()	01:08:17 ()	00:11:41 ()	01:19:59	00:00:00
65				Wolter, Lars	BB / Bernauer Lauffreunde	1998mJUN (1)	00:22:45 ()	00:48:17 ()	01:11:02 ()	00:10:25 ()	01:21:28	00:00:00
83				Altenkirch, Christoph	BB / Zeppelin-Team OSC Potsdam	1991mAK2 (1)	00:25:08 ()	00:46:14 ()	01:11:23 ()	00:13:06 ()	01:24:30	00:00:00
80				Foerster, Tim	BB / MSV Tripoint Ffo	1982mAK3 (4)	00:23:49 ()	00:49:43 ()	01:13:33 ()	00:11:06 ()	01:24:39	00:00:00
64				Gogolin, Thomas	BB / MSV Tripoint Frankfurt/O.	1976mSEN1 (1)	00:23:12 ()	00:53:03 ()	01:16:15 ()	00:11:17 ()	01:27:32	00:00:00
81				Redlich, Sebastian	BB / TV Fürstenwalde 1990 e.V.	1986mAK3 (5)	00:24:52 ()	00:54:29 ()	01:19:21 ()	00:12:22 ()	01:31:44	00:00:00
70				Mistareck, Olaf	BB / TLV Rangsdorf	1964mSEN3 (1)	00:26:53 ()	00:54:03 ()	01:20:57 ()	00:11:34 ()	01:32:31	00:00:00
69				Seiler, Karl	BB / TLV Rangsdorf	1990mAK2 (2)	00:29:25 ()	00:51:28 ()	01:20:54 ()	00:12:30 ()	01:33:24	00:00:00
76				Altenkirch, Volker	BB / DLRG Luckenwalde	1967mSEN2 (1)	00:29:03 ()	00:51:33 ()	01:20:36 ()	00:13:29 ()	01:34:05	00:00:00
66				Brendel, Rico	BB / SV Stahl Hennigsdorf	1972mSEN1 (2)	00:27:15 ()	00:55:26 ()	01:22:41 ()	00:12:36 ()	01:35:18	00:00:00
84				Schulz, David	BB / MSV Tripoint Ffo.	1982mAK3 (6)	00:26:13 ()	00:58:17 ()	01:24:31 ()	00:11:34 ()	01:36:05	00:00:00
72				Reinwald, Jens	BB / TV Fürstenwalde	1972mSEN1 (3)	00:25:11 ()	00:59:57 ()	01:25:08 ()	00:11:32 ()	01:36:41	00:00:00
90				Krause, Thilo	BB / MSV Tripoint Frankfurt O.	1966mSEN3 (2)	00:27:10 ()	00:57:33 ()	01:24:44 ()	00:12:57 ()	01:37:42	00:00:00
73				Zimmermann, Jörg	BB / Bernauer Lauffreunde	1972mSEN1 (4)	00:29:33 ()	00:57:18 ()	01:26:51 ()	00:12:39 ()	01:39:31	00:00:00
29				Knappe, Steffen	BB / TV Fürstenwalde 1990 e.V.	1967mSEN2 (2)	00:30:38 ()	00:55:06 ()	01:25:45 ()	00:15:24 ()	01:41:09	00:00:00
77				Millé, Mario	BB / MSV Tripoint Frankfurt/Od	1966mSEN3 (3)	00:27:50 ()	01:00:38 ()	01:28:29 ()	00:13:14 ()	01:41:44	00:00:00
88				Lösecke, Andreas	BB / Ruppiner Triathlon Verein	1967mSEN2 (3)	00:28:48 ()	00:57:56 ()	01:26:45 ()	00:15:25 ()	01:42:10	00:00:00
82				Fenski, Martin	BB / TLV Rangsdorf	1959mSEN4 (1)	00:28:33 ()	01:03:26 ()	01:31:59 ()	00:13:12 ()	01:45:11	00:00:00
30				Lehmann, Gerald	BB / Luckauer Läuferbund	1965mSEN3 (4)	00:32:17 ()	00:58:38 ()	01:30:56 ()	00:15:41 ()	01:46:37	00:00:00
74				Liepner, Sybille	BE / Bernauer Lauffreunde	1972wSEN1 (1)	00:30:04 ()	01:04:40 ()	01:34:44 ()	00:13:20 ()	01:48:05	00:00:00
87				Loskant, Mario	BB / Ruppiner Triathlon Verein	1965mSEN3 (5)	00:29:47 ()	01:05:03 ()	01:34:50 ()	00:13:33 ()	01:48:24	00:00:00
86				Kowaloff, Mike	BB / MSV TRIPOINT Frankfurt	1972mSEN1 (5)	00:31:42 ()	01:02:56 ()	01:34:38 ()	00:15:13 ()	01:49:51	00:00:00
71				Syp, Peggy	BB / TV Fürstenwalde	1975wSEN1 (2)	00:30:54 ()	01:05:54 ()	01:36:48 ()	00:14:24 ()	01:51:13	00:00:00
35				Brandis, Daniel	BB / Ruppiner Triathlon Verein	1973mSEN1 (6)	00:35:28 ()	01:07:39 ()	01:43:08 ()	00:15:12 ()	01:58:21	00:00:00
85				Bemsee, Anja	BB / SSV Hohen Neuendorf	1973wSEN1 (3)	00:31:47 ()	01:16:13 ()	01:48:01 ()	00:15:09 ()	02:03:10	00:00:00
110				Strelow-Jacob, Grit	BB / Bernauer Lauffreunde	1967wSEN2 (1)	00:31:36 ()	01:17:06 ()	01:48:43 ()	00:15:02 ()	02:03:46	00:00:00