



28. Fürstenwalder Cross-Duathlon



Rauen - 30.03.2019



Übersicht der Auswertung - LM-Brb. U23, Elite, Senioren - 6,5-19,5-3 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
32				Mittelstädt, Martin	BB / SV Neptun 08	1986mAK30 (1)	00:25:59 (1)	00:51:31 (4)	01:17:30 (2)	00:13:56 (16)	01:31:27	
49				Berger, René	BB / Triathlon Potsdam e.V.	1973mAK45 (1)	00:30:33 (16)	00:54:29 (8)	01:25:03 (8)	00:13:16 (10)	01:38:19	
4				Baethge, Steve	BB / SV Stahl Hennigsdorf	1983mAK35 (1)	00:29:32 (8)	00:55:37 (10)	01:25:10 (9)	00:14:18 (20)	01:39:28	
9				Mistareck, Olaf	BB / TLV Rangsdorf	1964mAK55 (1)	00:30:28 (15)	00:58:13 (14)	01:28:42 (11)	00:13:15 (9)	01:41:58	
48				Zabothens, Arturs	BB / TSV Cottbus	1999mAK20 (1)	00:29:20 (6)	00:59:58 (17)	01:29:19 (14)	00:13:04 (6)	01:42:23	
25				Hädicke, Mario	BB / Luckauer Läuferbund	1981mAK35 (2)	00:29:41 (10)	01:00:20 (19)	01:30:02 (15)	00:12:42 (4)	01:42:44	
30				Altenkirch, Volker	BB / DLRG Luckenwalde	1967mAK50 (1)	00:32:22 (24)	00:55:45 (11)	01:28:07 (10)	00:15:16 (26)	01:43:24	
23				Koch, Dirk	BB / MULTISPORT-LOS e.V.	1970mAK45 (2)	00:32:24 (25)	00:58:20 (15)	01:30:45 (16)	00:14:34 (22)	01:45:19	
69				Bartusch, Jörn	BB / TV Fürstenwalde 1990 e.V.	1969mAK50 (2)	00:29:39 (9)	01:02:03 (24)	01:31:42 (18)	00:14:07 (17)	01:45:49	
58				Zimmermann, Jörg	BB / Bernauer Lauffreunde	1972mAK45 (3)	00:32:19 (23)	01:00:07 (18)	01:32:26 (19)	00:14:12 (18)	01:46:39	
54				Reinwald, Jens	BB / TV Fürstenwalde 1990 e.V.	1972mAK45 (4)	00:34:28 (29)	00:56:40 (12)	01:31:08 (17)	00:15:44 (28)	01:46:53	
45				Vanselow, Thomas	BB / Luckauer Läuferbund	1975mAK40 (1)	00:29:56 (13)	01:04:29 (32)	01:34:26 (24)	00:13:04 (7)	01:47:31	
43				Haby, Dirk Markus	BB / TV Fürstenwalde 1990 e.V.	1970mAK45 (5)	00:31:39 (18)	01:03:49 (30)	01:35:28 (26)	00:14:32 (21)	01:50:01*	
16				Krause, Thilo	BB / MSV TRIPOINT FFO.	1966mAK50 (3)	00:32:13 (21)	01:01:28 (22)	01:33:42 (23)	00:17:23 (42)	01:51:05	
21				Brandt, Matthias	BB / Neptun 08 Finsterwalde	1977mAK40 (2)	00:34:35 (31)	01:02:46 (28)	01:37:21 (28)	00:14:50 (23)	01:52:11	
11				Strickert, Christoph	BB / SV Stahl Hennigsdorf	1986mAK30 (2)	00:32:55 (26)	01:05:10 (36)	01:38:05 (30)	00:14:12 (19)	01:52:18	
35				Kressin, Reiko	BB / SV Stahl Hennigsdorf	1969mAK50 (4)	00:35:23 (34)	01:02:29 (26)	01:37:53 (29)	00:16:18 (35)	01:54:12	
38				Piazena, Jörg	BB / TSV Cottbus	1964mAK55 (2)	00:35:44 (35)	01:05:03 (35)	01:40:48 (32)	00:15:39 (27)	01:56:27	
18				Giesecke, Michael	BB / Triathlon Potsdam e.V.	1962mAK55 (3)	00:39:06 (48)	01:02:02 (23)	01:41:09 (33)	00:17:06 (38)	01:58:15	
36				Kupka, Raimund	BB / SV Stahl Hennigsdorf	1959mAK60 (1)	00:34:33 (30)	01:12:11 (42)	01:46:45 (38)	00:15:46 (29)	02:02:31	
57				Gärtner, Olaf	BB / MSV TRIPOINT Ffo.	1971mAK45 (6)	00:32:08 (20)	01:17:03 (47)	01:49:12 (42)	00:13:22 (12)	02:02:35	
44				Brandt, Marit	BB / Neptun 08 Finsterwalde	1976wAK40 (1)	00:37:09 (42)	01:10:01 (40)	01:47:11 (39)	00:15:50 (31)	02:03:02	
50				Knappe, Steffen	BB / TV Fürstenwalde 1990 e.V.	1967mAK50 (5)	00:43:29 (52)	00:58:41 (16)	01:42:10 (36)	00:21:42 (51)	02:03:53	
51				Lampe, Dirk	BE / SISU	1963mAK55 (4)	00:37:04 (41)	01:11:28 (41)	01:48:33 (41)	00:16:02 (32)	02:04:35	
20				Apel, Karsten	BB / Luckauer Läuferbund	1960mAK55 (5)	00:38:05 (44)	01:09:44 (39)	01:47:49 (40)	00:18:07 (45)	02:05:57	
3				Hagemann, Christian	BB / SV Stahl Hennigsdorf	1969mAK50 (6)	00:36:59 (40)	01:13:35 (44)	01:50:34 (46)	00:17:18 (40)	02:07:52	
56				Farmand, Sandra	BB / SV Stahl Hennigsdorf	1969wAK50 (1)	00:40:58 (50)	01:09:33 (38)	01:50:32 (45)	00:18:24 (47)	02:08:56	
37				Schulz, Andrea	BB / Luckauer Läuferbund	1974wAK45 (1)	00:38:07 (45)	01:15:22 (46)	01:53:30 (47)	00:17:06 (39)	02:10:36	
19				Nabrat, Gerrit	BB / Luckauer Läuferbund	1969mAK50 (7)	00:38:10 (46)	01:21:54 (49)	02:00:05 (48)	00:17:45 (44)	02:17:50	
42				Sander, Birgit	BB / Luckauer Läuferbund	1976wAK40 (2)	00:39:44 (49)	01:22:10 (50)	02:01:55 (49)	00:18:21 (46)	02:20:16	
59				Engert, Reinhardt	BB / SV Stahl Hennigsdorf	1950mAK65 (1)	00:44:10 (53)	01:21:37 (48)	02:05:47 (50)	00:22:05 (52)	02:27:52	
55				Blanke, Dorit	BB / Triathlon Spreevald e.V.	1971wAK45 (2)	00:41:00 (51)	01:30:26 (53)	02:11:27 (52)	00:18:51 (49)	02:30:18	
6				Konieczny, Dieter	BB / TLV Rangsdorf	1963mAK55 ()	00:39:01 (47)	()	()	()	DNF	