



# 33. Fürstenwalder Cross-Duathlon



Rauen - 22.03.2025

## Übersicht der Auswertung - Jedermann-Duathlon - 2-11-1 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
1		1	75	Forst, Sebastian	BB / Erkner	1986mAK35 (1)	00:08:48 (1)	00:25:51 (2)	00:34:39 (2)	00:04:56 (3)	00:39:36	00:00:00
2	1		71	Kurzmann, Ella	BB / Tsv Cottbus	2008wJA (1)	00:08:54 (2)	00:26:10 (3)	00:35:04 (3)	00:04:55 (2)	00:39:59	00:00:23
3		2	64	Nestler, Thomas	BB / RadTeamSeidel Luckenwalde	1975mAK50 (1)	00:09:47 (7)	00:24:38 (1)	00:34:26 (1)	00:05:41 (8)	00:40:07	00:00:31
4		3	74	Spindler, Moritz	BB / TSV Cottbus	2009mJA (1)	00:09:03 (3)	00:28:21 (7)	00:37:24 (4)	00:04:41 (1)	00:42:05	00:02:29
5		4	73	Schulz, Christian	BB / Team Bernd	1984mAK40 (1)	00:10:35 (9)	00:27:13 (4)	00:37:48 (6)	00:05:09 (4)	00:42:57	00:03:21
6	2		61	Tittel, Nala	BB / Bernauer Lauffreunde	2008wJA (2)	00:09:27 (6)	00:28:17 (6)	00:37:44 (5)	00:05:43 (9)	00:43:27	00:03:51
7		5	72	Misera, Silvio	BB / Rennschnecken Cottbus	1969mAK55 (1)	00:09:05 (4)	00:29:32 (9)	00:38:37 (7)	00:05:15 (6)	00:43:53	00:04:16
8		6	66	Pysiak, Damian	-- / S?ubice	1980mAK45 (1)	00:11:01 (10)	00:27:38 (5)	00:38:40 (8)	00:05:14 (5)	00:43:54	00:04:18
9	3		70	Zachlod, Frida	BB / Tsv Cottbus	2009wJA (3)	00:10:02 (8)	00:29:09 (8)	00:39:12 (9)	00:05:57 (10)	00:45:10	00:05:34
10		7	67	Müller, Thomas	BB / Buchholz	1997mAK25 (1)	00:09:14 (5)	00:32:13 (12)	00:41:28 (10)	00:05:25 (7)	00:46:53	00:07:17
11		8	68	Krause, Torben	BB / DLRG Luckenwalde	1976mAK45 (2)	00:11:07 (11)	00:31:28 (11)	00:42:36 (11)	00:06:23 (11)	00:48:59	00:09:23
12	4		76	Gade, Katja	BB / TV Fürstenwalde 1990 e.V.	1976wAK45 (1)	00:11:34 (12)	00:31:22 (10)	00:42:56 (12)	00:06:32 (12)	00:49:29	00:09:53



# 33. Fürstenwalder Cross-Duathlon



Rauen - 22.03.2025

## Übersicht der Auswertung - LM Brb. Jedermann-Duathlon - 2-11-1 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
1	1		71	Kurzmann, Ella	BB / Tsv Cottbus	2008wJA (1)	00:08:54 ()	00:26:10 ()	00:35:04 ()	00:04:55 ()	00:39:59	00:00:00
2		1	74	Spindler, Moritz	BB / TSV Cottbus	2009mJA (1)	00:09:03 ()	00:28:21 ()	00:37:24 ()	00:04:41 ()	00:42:05	00:02:06
3	2		61	Tittel, Nala	BB / Bernauer Lauffreunde	2008wJA (2)	00:09:27 ()	00:28:17 ()	00:37:44 ()	00:05:43 ()	00:43:27	00:03:28
4	3		70	Zachlod, Frida	BB / Tsv Cottbus	2009wJA (3)	00:10:02 ()	00:29:09 ()	00:39:12 ()	00:05:57 ()	00:45:10	00:05:10